

the VILLAGER

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February 14, 2019 marks our SIXTH year anniversary as a community non-profit of neighbors linking together to Create Social Connections, to Foster Enriching Opportunities, and to Support Overall Well-Being! In 2018, we provided nearly 3,000 member assistance requests and 7,500 volunteer service hours. Our programs increased in answer to our community's needs, as we continued BUILDING DYNAMIC COMMUNITY with additional corporate and individual donations, and grant awards. A special thank you to those of you that supported our Vision and Mission through giving generously of your time and resources. We couldn't have accomplished this growth without you! Please accept this personal invitation to join us as we CELEBRATE our SIXTH Year Landmark:

SAVE the DATE

Foster City Village Annual Anniversary Party

Thursday, February 12, 2019 ~ Noon ~ Community Center

Warm Wishes for a Healthy & Happy 2019,

Mary Bates, Executive Director

marybates.fcv@gmail.com



ODE TO OUR DEPARTING BOARD PRESIDENT JIM WAMBACH

After 4½ years of tenure, Jim Wambach has stepped down as President of the Board of Directors of the Foster City Village. Jim was one of the original contributors, and volunteer to the Foster City Village in 2012 when it was in its formative stage.

Jim's contributions to the board have been invaluable, and as a result, the Foster City Village has grown in every way: members, volunteers, quality of service, reputation and financial stability. One of Jim's objectives was the long-term sustainability of Foster City Village. Jim pushed the board – as the body that determines Foster City Village's strategic direction – to look beyond what it traditionally pursued. This included the creation of the position of Executive Director and the hiring of the same.

His vision and leadership will continue to influence the Foster City Village well beyond his tenure as a board member. Until the Board votes next in January 2019, I will serve as Acting President. I will miss his directness and his ready wit at meetings, and I am grateful that he has agreed to be available to us in an advisory capacity. Jim will continue as a Foster City Village member.

Supriya Singh, Acting President

Board of Directors

HAPPY 100th BIRTHDAY to ISABELLE BURGE

A special 100th birthday celebration was held on November 29 at Evelyn Bender's home for Foster City Village member, Isabelle Burge. The food was delicious and plentiful. The birthday cake made by her daughter Jan was beautiful.

Isabelle and her husband, Gene, celebrated 80 years together until he passed away 3 years ago. When asked about the secret of her longevity, Isabelle said, "they danced almost every day together". Isabelle is still residing in her original Foster City home since 1966.

Isabelle wrote a children's book for 3 to 8 year olds that is being published, titled "How Mr. Rat Got His Cheese". It is a story that rhymes its way throughout on how Mr. Rat finally got his cheese. The illustrations are adorable and the book is a joy to read, especially when the lessons are about kindness and friendship. We will let you know when the book is available for purchase (within the coming months).

A huge THANK YOU to EVELYN BENDER for being the perfect hostess.



January

- 1/7 Eileen Shaine
- 1/13 Jayne Zaban
- 1/14 Helen Ackerman
- 1/30 Eve Lerman
- 1/17 Jeri Blatt
- 1/17 Phyllis Brown
- 1/20 Antoinette Roach
- 1/23 Deborah Owdom
- 1/30 Gloria D'Acquisto
- 1/30 Richard Hopper

February

- 2/1 Linda Grant
- 2/5 Catherine McNamara
- 2/15 Martin Mintz
- 2/20 Gretta Csatho
- 2/22 Edd McKibben
- 2/27 Bob Lahl



November 29 birthday celebration



Isabelle with daughter Jan



SENIORS ON THE MOVE

FOSTER CITY VILLAGE was quite visible in our Village apparel at the thirty-first SENIORS ON THE MOVE event sponsored by Congresswoman Jackie Speier in conjunction with California Assemblyman Kevin Mullin and San Mateo County Supervisor Carole Groom. Over 700 attendees enjoyed the theme this year's theme, "Make Life A Vacation." We were captivated by Guest Speakers: Doug McConnell with his extensive knowledge of Northern California, and the humor of Dr. John Chuck, a family physician with Kaiser Permanente. We learned about our National Parks from Laura Joss, a 28-year veteran of the National Park Service (NPS) and the Golden Gate National Recreation Area General Superintendent. Nan Matthews, a fitness professional with over 30 years experience, lead standing and sitted exercises, that kept attendees engaged and energized!



SENIOR SHOWCASE

The 2018 Daily Journal's Senior Showcase was at the Foster City Recreation Center. Services included blood pressure checks, flu shots and 40+ vendors provided information and resources on successful aging. The Foster City Village exhibit booth was quite popular amongst the attendees, as they learned about our services and volunteer opportunities.



Foster City Village Volunteers (L-R):
Ada Lax
Supriya Singh
Marlene Hopper
Marie Davis.

November Lunch & Learn with Ken Napior



Ken Napior entertained us with his photo presentation, "Off the Beaten Trail-Photos of our Western National Parks." Ken shared his travel stories and photographs from his visits to Arches National Park in Utah and other parks in Montana, Colorado and California. Ken and his wife, Linda, would wander off common trails to enjoy the solitude and serenity of spectacular views. We enjoyed the visual journey which included dramatic night time skies, rainbows over deserts, and amazing red rock formations.

December Lunch & Learn with James Kohn



Fine Arts Museum Docent, Jim Kohn, presented a slideshow of some of Gauguin paintings, wood carvings, and ceramics. He discussed the DeYoung exhibition, which explores how revolutionary artist Paul Gauguin's (1848-1903) extensive travels and personal relationships influenced his work and his development as an artist. He was inspired by French impressionists, and post-impressionists, and then seemed to leap into his own distinctive style.



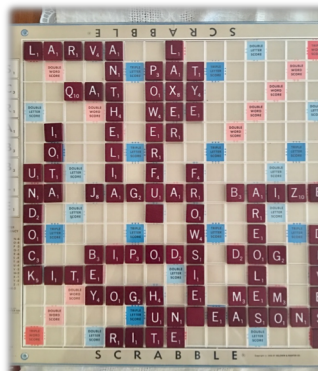
Gauguin's First DeYoung Exhibit:
A Spiritual Journey
November 17, 2018 - April 7, 2019

Let's Play



It was a lively and fun time. Some of us even learned a few new words!

Thank you all Scrabblers and Scrabble supporters for attending, lending your Scrabble sets, playing, socializing, offering rides, and making noise (or not).





Foster City Village Celebrates the Holidays

Santa made a surprise appearance escorted by two of his Elves, Supriya Singh and Marlene Hopper. Photos were taken with some attendees sitting on Santa's lap. What a good sport our Santa Claus, Jon Grant, was for all to enjoy.

We shared a gift exchange with a story written by Phyllis Brown and read aloud by Jeff Brown. Every time we heard either the word, "left" or "right", the gifts moved in that direction. Lots of laughter with that one! When the story ended, attendees kept the gifts in their hands.

The tables had wintry art decorations made by the Foster City Elementary School first graders. Piccadilly Catering Company prepared a delicious lunch. Linda Grant, Jan Locker, and Helen Ackerman baked holiday cookies for all to enjoy.

Foster City Village attendees created "Comfort Care Kits" with enclosed handwritten personal notes for the Palo Alto VA Hospital to be delivered to our veterans for the holidays.

Oh, what fun we had at our Annual Holiday Party!







Happiness and joy for all
A fresh beginning, a clean slate to start
Pass the trouble and strife
Problems abound but we can find solutions
Year end is a good time to reflect

Nourish your hopes and dreams
Every day is an opportunity to begin again
Wishing you good health and blessings

YOLO means You Only Live Once
Enjoy life by living in your happiness
Any act of kindness is truly a gift
Recognize the good in your life, be thankful.



Executive Director

Mary Bates

Board of Directors

Supriya Singh, Acting President

Supriya Singh, Vice President

Richard Hopper, Treasurer

Bob Lahl, Secretary

Phyllis Brown

Marlene Hopper

Edd McKibben

Patricia Player-Maxwell

Board Meetings are held the third
Monday of each month at 6PM.

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