

W I N T E R 2 0 1 6

# the VILLAGER

Foster City Village Newsletter – Volume 1

## LETTER FROM THE EDITOR

**Welcome to “THE VILLAGER”**, Foster City Village’s rejuvenated Newsletter! We are venturing into the publishing world to reveal *What’s Happening* in our Village and our local community.

You will find articles from our FCV committee chairpersons, activity reports from the book club and social club, theater reviews, reports from the lunch and learn speakers and details and photos of our Village events.

In addition, we will be focusing on issues of community interest and encourage members and volunteers to send write-ups of their fun travels, experiences and interests. We look forward to your collaboration in creating an informative, interesting and fun newsletter!

*Shari Williams, Editor-in-Chief*

### *Save the Date!*

Mar 18 <sup>th</sup>	Lunch & Learn	FC Library 12:30 – 2:00pm
Mar 24 <sup>th</sup>	Mexican Train!	P.Brown house 1:00 – 3:00 pm
Mar 27 <sup>th</sup>	Hillbarn Theatre: To Kill a Mocking Bird	2:00 – 4:00 pm
Apr 4 <sup>th</sup>	Senior Meals	Rec. Center (must register w/ Rec Center)
Apr 8 <sup>th</sup>	PJCC Tour	10:00 AM – reservations needed (office)



## FC VILLAGE VENDOR FAIRE

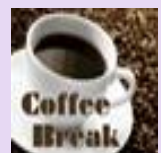
On Wednesday, February 17th, FC Village held their annual Vendor Faire fund raiser in the Lagoon Room at the FC Rec Center. Attendance was robust with approximately 21 vendors and 60 Village members and volunteers. The main room was filled with demonstrations and exhibits with informational materials.

Those who attended were treated to a Health & Wellness room dedicated to massages, a dietitian, blood pressure testing, and the opportunity to partake in general health discussions with a registered nurse.

The lucky winners of the Raffle Prizes won beautiful bouquets of flowers, potted plants, a large tea set, two generous gift certificates, dinner for 2 at a nice restaurant, a large, modern ice chest and a huge basket of fresh fruit. Our winners were thrilled!

### **Coffee Break at IHOP**

(9:30 AM) – 561 Foster City Blvd.  
March 14<sup>th</sup>, April 11th



## Barry Fasbender, FCV Member is U.S. Master Swimmer!

**DID YOU KNOW THAT:** Foster City Village member, Barry Fasbender, at the age of 78, is an award winning US Master Swimmer.

United States Masters Swimming (USMS) was started in 1970 by a doctor for the Navy, who dreamed of adults swimming for fun, fitness and fellowship. Forty five years later his dream has evolved into an organized physical fitness program for over 100,000 adult swimmers around the world. USMS swimmers range in age from 18 to over 110, some of whom are even former Olympians.

At national meets Barry is often still competing against friends that he competed against in high school and college, 50–60 years ago. Barry has achieved many Pacific, All American and National Championship recognitions. Alice didn't start competing in masters swimming until eight years ago at the age of 69. They both now swim for the San Mateo Masters swim team at the College of San Mateo. This is a big team with over 300 members, several coaches, and 24 different workouts a week.

One of Barry's volunteer jobs was Meet Director of the 2006 FINA World Masters Swimming Championship at Stanford. Over 5,000 swimmers from 74 countries participated in the 10 day meet, the biggest swim meet ever held in this country.

Barry is one of the best swimmers in the country in his age group, and in 2008 he won the award that is only given once a year to one person in the nation: the Ransom Arthur award. Barry and Alice attend Foster City Village events, and would happily discuss his admirable accomplishments with you at any time. (Alice & Barry pictured below)



## FC VILLAGE SPCA TOUR

Seven *very happy* Foster City Village members toured the **Peninsula Humane Society** and SPCA's new animal shelter on Rollins Road in Burlingame, courtesy of Scott Delucchi. The shelter houses up to 200 animals including 80 dogs in two new beautifully designed and connected multi-story buildings. One building houses dogs and the second building cats, birds and a wide assortment of other domestic and wildlife animals. This center is clean, bright, spacious, odor free and relatively quiet. *It is a perfect setting to house, treat and showcase the animals in its care.*

## Happy Birthday to You!

### MARCH

3/10 – Ardyth A Monroe  
3/19 – Josephine Akiyama

### APRIL

4/1 – Doris Navia  
4/1 – Jennifer Malament  
4/1 – Teresa Navia  
4/9 – Jal Khambatta  
4/11 – Audrey Guerin  
4/15 – Nancy Gordon  
4/15 – Lee Corey  
4/15 – Cynthia Chun  
4/27 – Naju Khambatta

## 3<sup>rd</sup> Anniversary Foster City Village Celebration

On Saturday, February 13<sup>th</sup>, 44 members joined together to celebrate the 3<sup>rd</sup> anniversary of the Foster City Village. The theme was "Chinese New Year" with tables decorated in traditional red and gold. Everyone had a lucky red envelope at their place and 5 lucky winners went home with the centerpieces of yellow chrysanthemums. After partaking in a delicious lunch of Chinese food (some even managed with their chopsticks) we listened to facts and traditions about the lunar new year. Our name tags identified the Chinese animal Zodiac in our birth year. A certain animal year is believed to have specific attributes and it was fun to learn about the personalities of each person born under a different sign and if they really fit our personalities.

Marlene Hopper then gave an overview of the history of Foster City Village. We opened with 38 members and now we have 79. Membership dues have never been increased. In 2015 we provided 2400+ coordinated services. We hope to continue growth with new members and additional volunteers. Without members we won't need volunteers and without volunteers we won't have members!

So as we learned the meaning of Gung Hay Fat Choy! ***Wishing you good fortune and wealth!***



## January Lunch & Learn



Our speaker on January 15<sup>th</sup> was Ellen Kirschman, recognized author by "USA Best Books of 2015" in the Thriller Category. She shared her experiences as a law enforcement psychologist for many years that eventually inspired her to write about the trials and tribulations of law enforcement officers, both physical and mental. She has written several excellent books, "I Love a Cop", "I Love a Fireman", "Burying Ben", and her newest -- **"The Right Wrong Thing"**. She read a chapter to us, which involved an extremely timely issue, and many of us stepped right up to buy a copy. Her book is currently available on Amazon, and the FC Library will be able to offer it soon. We're looking forward to inviting Ellen back when she has finished the current book she's writing, as her writing and speaking talents are exhilarating!

## February Lunch & Learn



The speaker at our February 19 Lunch and Learn session was Joyce Cave, an Asset Management and Financial Planning Advisor from Waddell and Reed in San Mateo. Joyce is also the founder of "Moneycent\$", a non-profit dedicated to educating students to the value of managing finances at an early age, as well as the Foster City Ladies Investment Club.

Joyce offered us a very interesting overview of the economic traits of the generations, from Traditionalists, Baby Boomers, GenXers, Millennials and the current Generation Edge. The volume of these generations and resultant effect on the next generation was most interesting. We thank Joyce for her fascinating presentation.

## *Thank you to the following for their generosity and support . . .*

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 Jamie Cabrera, Veteran's Advocate for Aid and Attendance



## ***March FCV Bookworms***

Jean Ann Seago presented our March book choice, "Brain on Fire" by Susannah Cahalan. Present were Audrey Guerin, Jean Ann Seago, Phyllis Brown, Kathy McKibben and new FCV member, Pat Schaubroeck.

Susannah Cahalan was only 24 years old and an investigative reporter at the New York Post when she contracted a rare brain disorder. 'Brain on Fire' takes readers on her harrowing journey as she delves into madness and loses her mind, body and self. A fast-paced, easy-read that gives us a remarkable insight into the amazing human brain. Our group had a lively discussion about the importance of a healthy brain, the remarkable support she received from family, friends and her medical team and admiration for the author's writing talent.

Our group consensus was that we'd give this book a "Thumbs Up"!

Our book choice for April is "The Wright Brothers" by David McCullough

### **Foster City Village Board of Directors**

***Jim Wambach, President  
Edd McKibben, Vice President  
Richard Hopper, Treasurer  
Kathy McKibben, Secretary***

***Phyllis Brown, Bill Chow, Jon Grant, Jennifer Malament, Elaine Pitts, Patricia Player-Maxwell***

Board Meetings are held the second Monday of each month at 6PM in The Bow Room at FC Recreation Center.

### **Contributing Writers**

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Kathy McKibben  
Shari Williams***

### **Foster City Villager Newsletter Editorial Team:**

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