

the VILLAGER

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www.fostercityvillage.org



Let our resolution be this: we will be there for one another as fellow members of humanity; in the finest sense of the word.

GÖRAN PERSSON, FORMER PRIME MINISTER OF SWEDEN

**The
NEW YEAR'S
Newsletter Edition**

**Celebrating  Years!
February 14, 2022**

January 3, 2022 our Foster City Village Office reopened its doors with new In Person hours:

**WE'RE *Finally!*
OPEN**

If you stop by, meet our awesome
Administrative Services Associate
Currie Park!

MONDAY - THURSDAY: 9AM - 1PM

Masks & Social Distancing Required

FRIDAY VIRTUAL HOURS: 9AM - 1PM

**During virtual office hours, or if the
Community Center doors are locked,
Please call us at 650-378-8541.**

January Birthdays

1/4 Dorothy Caldwell
1/7 Eileen Shaine
1/10 Eleonore Debth
1/13 Jayne Zaban
1/14 Helen Ackerman
1/17 Phyllis Brown
1/27 Ilene Turteltaub
1/30 Gloria D'Acquisto
1/30 Richard Hopper

MEMBER *News*

February Birthdays

2/1 Linda Grant
2/15 Martin Mintz
2/19 Jean Hirai
2/20 Greta Csatho
2/22 Edd McKibben
2/27 Bob Lahl

**New
Members**
W · E · L · C · O · M · E



Pam Frisella

Pam moved to Foster City in 1977, raising her two sons as a single mother. Pam served as Mayor of Foster City as well as on several boards, including AYSO, Little League, Samaritan House, and more. She looks forward to serving on our Foster City Village Board of Directors.



New Members

W · E · L · C · O · M · E



Elizabeth "Bette" Anderson

Bette bought her house in Foster City in 1964, quite a feat for a single woman at the time. She went on to raise her son and daughter here, and remains close to her family. Bette is an avid traveler and loves to read and cook. She's even offered to cook for Foster City Village!

Cindy Garcia

Welcome back, Cindy! Cindy originally joined Foster City Village in 2015, but moved away in 2019. We are thrilled she is back in 94404 and rejoining FCV. Cindy is a "doer" and keeps mobile with an amazing wheel-chair and driving her custom vehicle.



Patricia Nutting

Patricia Cecchi Nutting is a San Francisco native. She has been an active member of the Rotary Club of Foster City for 14 years. Patricia retired from Stanford Hospital & Clinics as an Ophthalmic technician in 2005. She is pictured here with Chloe, her precious pup.

Dorothy Caldwell

Dorothy moved to Foster City from Daly City in 1980, where her husband, Walt, fulfilled his dream of having a swimming pool! Dorothy worked in accounting until retirement. She is looking forward to meeting and making new friends as a member of Foster City Village!



Diana Schroeder

Diana is an active member of the Rotary Club of Foster City for the past 14 years, and brings to Foster City Village a wealth of volunteer experience! Diana is also an avid photographer and generously provided some beautiful pictures from the holiday party for our newsletter!

(WE HAD BEEN) DREAMING OF A *2021 Holiday Party*

For the first time since 2019, Foster City Village members, friends and volunteers celebrated the holidays in-person on December 9! Phyllis Brown and her band of busy elves created a festive, inviting atmosphere for all to meet, catch up, sing, laugh, and exchange gifts! Notable attendees included new members Nancy Gilliland, Thomas Chang, Pam Frisella, and Diana Schroeder, as well as Santa himself, resplendent in red and sounding remarkably like our jolly Volunteer Chair...

Guests dined on luscious lasagne from Bellini Bistro, salad and dessert. Entertaining flautist, Antoinette Kaufman, treated guests to "bouncing" holiday song renditions, and performed a special tribute to Isabelle Burge's 103 years with, "I Could Have Danced All Night." Jennifer Malament, Evelyn Bender, and Carolyn Woods were also celebrated for all they do for FCV. The party concluded with an energetic exchange of gifts thanks to Jeff Brown's directional storytelling. Many thanks to the Browns, along with helpful elves Helen Ackerman, Betty Wexler, Gail O'Brien, Marsha Scott, and Marlene Hopper.

For those unable to attend, festive holiday meals were delivered to their homes on December 7, thanks to Rich Biederman, Phyllis Brown, Charlie McGuire, Marlene Hopper, Wendy Iwata, and Carol Ohm.

Cheers to a joyous holiday gathering and on to 2022!



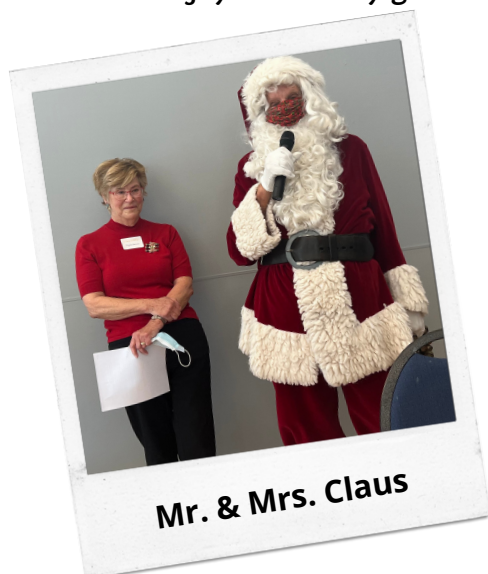
Isabell Burge, Jan Remmel & Thomas Chang enjoy their gifts



Gift Exchange



Mary Bates thanks Sequoia Healthcare District's Jenny Bratton & Luz Garcia as Marlene Hopper looks on



Mr. & Mrs. Claus



Lasagna Line!



Flautist
Antoinette Kaufman

SERVICE All Year Long



SECOND HARVEST
of SILICON VALLEY

Second Harvest started distributing FREE food in Foster City over three years ago, to those registering directly with Second Harvest of Silicon Valley. Twice a month we distribute fresh, healthy foods such as fruits, vegetables, chicken, eggs, bread, milk and more, to those in need. Due to the pandemic, we have moved food distribution to the south parking lot, outside of the Foster City Recreation Center. Cars line up or people walk up with shopping carts and we bring the food to them. At the last distribution, we provided much needed food to 225 folks!

Our wonderful Second Harvest Volunteers come from several local organizations, such as Foster City Village, Foster City Rotary Club, PJCC, Lions Club, and even individuals who happen by and want to be a part of helping. We are blessed to live in a very vibrant community where we are able to help those who need assistance in today's times. We look forward to continuing to serve Foster City families and individuals in need, through the gift of Second Harvest. By Marlene Hopper



Interested in volunteering?

Contact our office at
fcvillage@gmail.com, or
at 650-378-8541,
and a member of our
Second Harvest Team
will reach out to you.

If you know of someone in
need: Food distribution is the
1st & 3rd Friday of each month,
8:30-10:30AM - rain or shine!
All they need to do is show up
to register on-site for this free
program.



SUPPORT NATIONAL VILLAGE DAY!

Congratulations to the Village Movement, celebrating 20 years since Beacon Hill Village in Boston MA launched in 2002! Since then, the Village Movement has grown to over 300 Villages each enabling older adults to remain at home and connected to their communities.

In recognition of the tremendous impact Villages are having on the experience of aging, the Village to Village Network (VtVN) is leading an effort to make February 15, 2022 National Village Day. How can Foster City Village help celebrate?

- WRITE to your Congressional Representative to express support for proclaiming February 15 National Village Day.
- ENJOY watching the Village Movement's 20 year celebration webinar on February 15, 2022 from 9 am to 10:30 am (PST). Stay tuned for webinar details!

HELP For Villages

IS ON THE WAY!



Introducing Helpful Village, the first and only software platform designed specifically for enabling villages to serve aging members in their community. Just like the birth of the village movement 20 years ago in Beacon Hill, MA, Helpful Village also grew out of a deeply personal need.

Manuel Acevedo, a software engineer in the SF Bay Area, was searching for healthy aging options for his mother, a small winery owner needing to retire. His goal was for his hard-working mother to remain active, stay socially connected, and age joyfully in her own home. Manuel's search led him to a local village and he quickly joined as a volunteer. It was not long before he saw the tremendous benefit of the village movement, but also the significant challenges in running an efficient, cost-effective village that will successfully in supporting aging communities.

With years of software engineering experience under his belt, Manuel began developing Helpful Village. In 2016, the UC Berkeley Startup Accelerator Program, LAUNCH, selected Helpful Village as one of the most promising tech companies in the entire UC system!

Since then, Manuel has strived to produce a state-of-the-art technology solution for the village movement. Villages across the United States and in Australia have implemented Helpful Village to better meet their village needs. Villages using Helpful Village are even more closely linked, enabling the sharing of ideas, resources and best practices.

As Foster City Village continues to grow, and our technology continues to age, a generous grant from Gilead Sciences is enabling our office to ring in the New Year by implementing Helpful Village.

Our goal for Helpful Village is to more efficiently, effectively and cost-consciously support Foster City Village's mission: To enable older adults to continue living in their homes and communities as they age by providing mobility, practical assistance, easy access to services, social connections and educational opportunities.

We appreciate your patience as we implement Helpful Village, and look forward to serving our members, volunteers and community in 2022.

California Master Plan for Aging includes Villages! *



You may have heard about the California Master Plan for Aging. It's a blueprint for investments by state government, local government, the private sector, and philanthropy to prepare the state for the coming demographic changes and continue California's leadership in aging, disability, and equity. The plan was finalized in January after two years of robust research, community engagement, communications, and advocacy, and it includes Villages!

Villages are named as a strategy within the goal, "Inclusion and Equity, Not Isolation".

The plan reads: "Promote and adapt village models for older adult services and volunteerism, building on the strengths of California's diverse communities."

The language of the recommendation is an affirmation of our work to raise awareness of the Village movement, and a challenge to broaden our reach.

Adapting our model requires that we name its elements and then ask if and how these elements resonate with diverse groups of older adults. Some things on our list of elements include place-based, intentional communities that engage the assets of older adults to foster health and human development.

* Featured in the July 2021 VtVN Newsletter

The list includes opportunities for social connection and engagement, supports for healthy living in the places older adults consider their homes, and access to information and referral for the services Villages don't provide. Volunteerism is core to the Village model, as are membership dues. The Village movement is largely white and we wonder why. We are reflecting on our list and then will gather input from groups we admire and aspire to engage. What's on your list?

Villages' inclusion in the California Master Plan for Aging affirms our movement's role in the state's aging services continuum. We made it in the Plan by using the tools of policy advocacy and taking advantage of every opportunity to raise our voices. These included engaging communications, written recommendations, in person and online testimony, supporting the Department of Aging's rural events. We will continue to advocate for Villages as the plan is implemented, starting with financial resources to seed and support new and existing Villages. We will keep you posted on our challenges and successes.

Charlotte Dickson, Executive Director,
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Village

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