

LET'S **WALK & TALK!**

Join us in getting outside, getting the blood flowing and getting in touch with old friends and new.

This is a drop in event, so no need to RSVP!

WHERE?

Tuesdays 11:00 AM Start at the Starting 9/21 rec center

Don't Forget!

WHEN?



Questions?

Contact Jan Remmel jjremmel@gmail.com Need a Ride?

TIME?

Call the Office 650-378-8541