

the VILLAGER

Email: fcvillage94404@gmail.comwww.fostercityvillage.org

Save THE Date
FUND the FUTURE
“Together, It TAKES a VILLAGE”



ANNUAL
BENEFIT
 Sunday, October 17, 2021



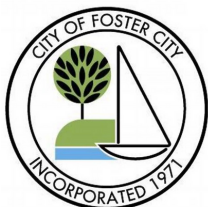
Celebrating 8 Year Anniversary!

Sunday, February 14, 2021 marked the ***Eighth Anniversary*** of our Foster City Village becoming an official non-profit organization. In celebration of this historic day, our Foster City Village Volunteers, and the City of Foster City Staff hand-delivered meals to each of our members' homes. We, of course, treated our Volunteer Cadre to meals, too! A Valentine Day goodie bag (special thanks to Phyllis Brown, Social Events Chair) accompanied each meal as a reminder of another year of successful program offerings, workshops, fitness classes, and special events (pivoting to a virtual format).

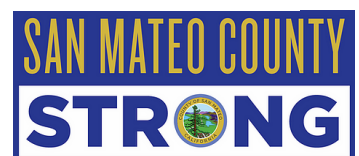
We hope that you enjoyed these meals prepared by our local Foster City restaurants – Olives Mediterranean and Bellini's Bistro. A special ***thank you*** goes out to our Sponsors: Sequoia Health Care and Peninsula Health Care Districts, and the City of Foster City Staff drivers. In the coming weeks, our additional Comfort Care Meal Delivery Program Sponsors include Gilead Sciences and San Mateo County STRONG!

As we plan for the year ahead, we are all looking forward to when we will gather again to socialize and enjoy a meal together. When this happens, we will have a ***celebration to remember***. *We Miss You ALL!*

With Gratitude,
Mary Bates
 Executive Director



GILEAD



MARCH

3/05 Mary Simas
 3/10 Ardyth Monroe
 3/13 Patricia Campos
 3/20 Diana Okamoto
 3/25 Steve Okamoto
 3/30 Martha Magnuson
 3/31 Jerry Lerman

Happy Birthday

APRIL

4/01 Jennifer Malament
 4/06 Gary Miller
 4/08 Peter Wong
 4/11 Audrey Guerin
 4/15 Marlene Sorosky-Gray
 4/18 Mary Bates



THANK YOU to our delightful
 Comfort Care meal delivery
 Volunteers for bringing smiles
 and friendship to our members.



SPEAKER SERIES EVENT

TUESDAY, MARCH 23, 2021

4PM – 5PM via ZOOM

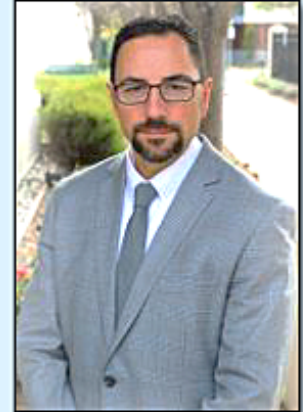


Sanjay Gehani
Mayor



Planning for Our Future & Beyond

Initiatives as We Recover
from the Pandemic



Peter Pirnejad
City/District Manager

FREE with a suggested donation of \$8 in honor of FCV 8th Anniversary

PETS are Gifts to Humankind!

Tuesday, April 27, 2021

4PM-5PM via ZOOM

Kylynn Pelkey | Humane Educator
Peninsula Humane Society & SPCA

UPCOMING SPEAKER SERIES



Peninsula Humane Society & SPCA

Virtual Live Animal Shelter!



JERI BLATT

Legal Document Assistant No. 11
Registered and Bonded in San Mateo County

Ms. Blatt is offering **FREE NOTARY SERVICES** for Foster City Village members to meet their document signing needs. Her services are completely confidential and personalized according to your specific notary public service needs.

Need notary services? Please send an email to the Village office at fcvillage94404@gmail.com or call our office at 650-378-8541 to request for Notary Services. We will then submit your service request. Ms. Blatt will then contact you regarding your notary service needs.

She is not an attorney and cannot give legal advice.





WE CARE 'Loaner Tablet' Pilot Project Launch

We All Benefit from Better Social Connections!



Ever wanted to video call, Skype, FaceTime or Zoom with your faraway grandchild, adult child, friend, or even tele-visit your doctor? There has never been a better time to give technology a try.

The goal of the Loaner Tablet Pilot Project is to provide older adults in the community with access to technology, and open them to a 'whole new world' of tech-enabled connectedness, such as, telehealth services, virtual social activities, online learning programs, and much more.

With this pilot project launch, we will learn to improve our processes and ongoing tech support as we roll out and bridge the 'digital divide' amongst our older adult community.

Please contact the Village office at fcvillag94404@gmail.com:

- If you would like to participate in this exciting new opportunity
- If you know of an older adult in the community who could benefit from this program
- If you would like to help with training or tech support
- If you are interested in learning more about the pilot project

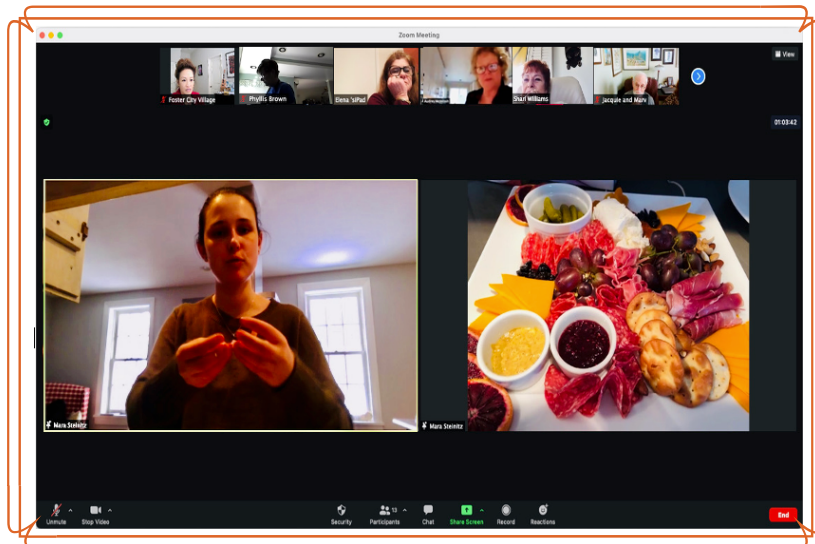
Many thanks to those who were critical in enabling this project launch:

- [Ginnie and Sharat Sharan](#), long time benefactors of the Foster City Village and friends of Supriya Singh, for believing in this project and donating the first \$500 towards the purchase of four tablets and four cases.
- [Colleen](#) at the SMFC Education Fund for advice and referrals
- [Shirish](#) for researching and providing recommendations for tablet purchase and setup
- [Angeli](#) for assistance with setup and configuration of tablets, and producing the user manuals
- [Angeli, Sabrina and Mary](#) for help with the Participant Agreement
- [Felicia](#) with the Tech Help Assistance Team at the San Mateo County Libraries for additional tech counsel
- [Foster City Village Board members and Office staff, Joanne, Marah and Dan at the Foster City Chamber of Commerce, the City of Foster City, and many other friends](#) for your partnership before and during this pandemic

This has truly been a "Village" Team effort.

Thank you all for your support!





How to Build A Charcuterie Board

Mara Steinitz, a butcher from Boston Massachusetts, presented a Lunch & Learn workshop on Charcuterie Board Building. Charcuterie is the french term for meats that have been prepared or preserved using salt and nitrite and left to air dry. She spoke about the different types of meats, cheeses, pates or mousses, condiments, crackers or nuts, bread or toast, fruits or vegetables and herbs that can be placed on a board, platter or large plate.

She then lead a step-by-step tutorial on how to put your own board together! The below ingredients are meant to serve as guidelines for creating your board.

MEATS

~2 Sliced Cured Meats (Ex. Ham, Prosciutto, Capicola, Coppa, Lomo, Roast Beef, Pastrami)
~2 Sausages (Salamis, Mortadella, Bologna, Pepperoni, Kielbasa)

CHEESES

~1 Soft Cheese (Goat Cheese, Brie, Camembert)
~1-2 Semi-Hard Cheeses (Ex. Gruyere, Cheddar, Provolone, Havarti, Gouda, Tallegio)

CONDIMENTS

~Sweet: Jam or Honey. Dried Fruit
Fresh Fruit
~Acidic: Mustard, Pickles
~Starchy: Crackers or bread, Nuts
~Aesthetic: Herbs, microgreens

Photo courtesy: Mara Steinitz



Photo courtesy: Mara Steinitz

Cooking with Chef Marlene



Wednesday, March 17, 2021, 2pm ~ 3pm
(St. Patrick's Day Surprise)

RSVP to Sophia at svhutson.fcv@gmail.com by March 11



Chilaquiles & Eggs



Chickpeas & Kale Stew



Steak Salad

Older Adult Resource Line

(650)780-7542

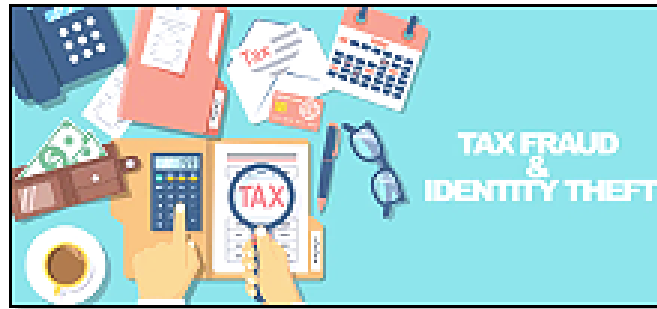
Monday through Friday
between 7:30am and 4:00pm.

Their caring and expert team can offer a range of community resources and opportunities for social support. They can help you access community services, such as:

- Housing Assistance
- Food Services
- Transportation
- COVID Information and Testing

They can support your social and emotional well being through:

- Referrals to a Peer Counselor (available in English, Spanish, Mandarin, and Tagalog)
- Information about community groups and virtual gatherings



Tax season is approaching! This is also the time of year for tax-related identity theft. Shady operators that the Internal Revenue Service (IRS) calls “ghosts” do not have a legally required 2020 Preparer Tax Identification Number (PTIN). Ghost preparers set up shop around tax time in pop-up offices or pitch their services at community gathering places such as churches. Some ghost preparers steal refunds by routing them into their own bank accounts. Other tax prep fraudsters work online, sending phishing emails that appear to be from tax pros, or creating impostor websites that claim to prepare and e-file your return.

It is a **TAX SCAM** if a tax preparer:

- Asks for payment in cash
- Does not give you a receipt
- Charges fees based on a percentage of the refund
- Wants the refund deposited in his or her bank account
- Asks to sign a blank or incomplete tax form.
- Marks your return as “self-prepared” or affixes a business label rather than signing the form by name.



Know the **Signs of Identity Theft**

You may not know you are a victim of identity theft until you are notified by the IRS of a possible issue with your return:

- More than one tax return was filed using your Social Security Number (SSN)
- You owe additional tax or refund offset, or you have had collection actions taken against you
- IRS records indicate you received wages/income from an unknown employer
- You get a letter from the IRS inquiring about a suspicious tax return that you did not file.
- Your return has been rejected due to an attempt of duplicate filing.

Visit IRS Identity Theft Victim Assistance (<https://www.irs.gov/individuals/how-irs-id-theft-victim-assistance-works>) for more information about how the IRS can help you report and recover from identity theft.

As a result of COVID-19 restrictions, there are no AARP Tax-Aide In-Person services nearby; however, VITA/TCE is offering Low Contact In-Person free services on a limited basis at:

Carlmont High School, 1400 Alameda de las Pulgas, Room T-10. Belmont, CA 94002

In-Person Prepared Taxes is by appointment only from 2/22/2021 to 4/9/2021.

Send an email to John Rowe at jrowe@seq.org or call 650-595-0210 to leave a message.



BUILDING DYNAMIC COMMUNITY
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